**Health and Wellbeing Practitioner – Outreach development**

**PERSON SPECIFICATION**

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| **Attributes** | **Essential**  **(Minimum acceptable attributes)** | **Desirable**  **(Attributes of the ideal candidate)** | **How we will assess** |
| **Education, qualifications and training** | * Qualification in health or physical activity * Training in a collaborative competency based therapeutic approach eg Solution focused Brief Therapy, Person centred approaches, Motivational interviewing | * Community education/ community development, social work or equivalent | * Application, certificates |
| **Skills, attributes and knowledge** | * Be able to work autonomously * Good group facilitation skills * Knowledge of asset based/ outcome based approaches * Strong written and verbal communications * Good IT skills * Ability to prioritise workload | * Project management – experience of developing and delivering health and wellbeing related projects | * Application, certificates * Written statement * Interview and selection process |
| **Experience** | * Experience of working in a community based setting working with people with physical and mental health problems who are experiencing psychosocial barriers * Experience of supporting volunteers and supporting peer development * Experience of facilitating group based interventions * Experience of supporting people on a one to one basis to explore managing health and/or life situations * Experience of partnership/ collaborative working | * Experience of working with vulnerable people in complex life situations * Experience of monitoring and evaluation | * Application, certificates * Written statement * Interview |
| **Personal qualities** | * A reflective practitioner * Strong organisational and personal management * A team player * Creative and proactive * Flexible and adaptable * Empathetic * Shares Thistle’s values * Good time management * Resilient * Excellent interpersonal skills |  | * Application * Interview |
| **Other** | * Driving licence |  |  |