**Health and Wellbeing Practitioner – Outreach development**

**PERSON SPECIFICATION**

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| **Attributes** | **Essential****(Minimum acceptable attributes)** | **Desirable****(Attributes of the ideal candidate)** | **How we will assess** |
| **Education, qualifications and training** | * Qualification in health or physical activity
* Training in a collaborative competency based therapeutic approach eg Solution focused Brief Therapy, Person centred approaches, Motivational interviewing
 | * Community education/ community development, social work or equivalent
 | * Application, certificates
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| **Skills, attributes and knowledge** | * Be able to work autonomously
* Good group facilitation skills
* Knowledge of asset based/ outcome based approaches
* Strong written and verbal communications
* Good IT skills
* Ability to prioritise workload
 | * Project management – experience of developing and delivering health and wellbeing related projects
 | * Application, certificates
* Written statement
* Interview and selection process
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| **Experience** | * Experience of working in a community based setting working with people with physical and mental health problems who are experiencing psychosocial barriers
* Experience of supporting volunteers and supporting peer development
* Experience of facilitating group based interventions
* Experience of supporting people on a one to one basis to explore managing health and/or life situations
* Experience of partnership/ collaborative working
 | * Experience of working with vulnerable people in complex life situations
* Experience of monitoring and evaluation
 | * Application, certificates
* Written statement
* Interview
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| **Personal qualities** | * A reflective practitioner
* Strong organisational and personal management
* A team player
* Creative and proactive
* Flexible and adaptable
* Empathetic
* Shares Thistle’s values
* Good time management
* Resilient
* Excellent interpersonal skills
 |  | * Application
* Interview
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| **Other** | * Driving licence
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